

Boosting confidence through speaking out

Rostrum Club 33 offers a friendly and enjoyable way to improve confidence, public speaking, leadership and meeting skills.

Members work with experienced coaches who help them to reach their personal speaking goals.

People go to Rostrum Club 33 in West Perth for various reasons.

They may have a wedding, a work presentation or special occasion at which they want to give a good speech.

They may want to be more confident in running meetings at work, or they may be members of sporting clubs or other associations where they run meetings.

Start by heading along to a meeting at Rostrum Club 33, which meets every Tuesday, 12.30 to 1.30pm, in West Perth.

Rostrum's personal development program includes 12 exercises and practical sessions



Myia Cleggett, right, winner of the Rostrum 33 Club's Speaker of the Year competition, is congratulated by club President Priscilla Nguyen.

over about six months to make a competent speaker.

Club 33 meets in the courtyard meeting room of the Constitution Centre of WA in Havelock Street, West Perth.

For further information, contact John on 9389 8289 or email gardnerj@iinet.net.au

Visit an English garden on film

Nymans, a quintessential English garden from the inter-

of the garden, now run by the National Trust.